

# Letter From the Group Publisher



I'd happily add Petit St. Vincent, a 115-acre private island resort in the southern Grenadines, to my 2020 to-do list.

## YEAR OF GIVING

**H**appy New Year and welcome to The It List issue! What will "it" be for you this year? I am so excited for 2020. I've decided to make 20 New Year's resolutions—20 things I've always wanted to do but have never done before. These will vary from as simple as drinking more water to planning a Galapagos Islands luxury adventure or a river boat cruise down the Seine. I also plan to transform my pool and backyard area to feel like I'm always at the spa. Another goal is to ensure at least half of my 20 resolutions will benefit others—whether family members, a charity or someone special and deserving. So often we are waiting for the right time, or enough time, to give back, but I say, do it now.

Speaking of giving back, our annual *Charity & Social Datebook Houston* is in this issue. Each of the causes, events and philanthropists our editors profiled is amazing. I have learned so much from attending many local events myself—about Houston's many nonprofits and charities and how they directly benefit our diverse community, not to mention their enriching influence and impact. Many times during these occasions, I've been seated alongside

someone who's said, "I didn't know they did that," and often I'm thinking the same. It's my goal to discover and support new charitable organizations this year, with a local focus on Houston.

If looking and feeling your best is a part of your resolution(s) this year, I hope you find our Premier & Accredited Doctors special section helpful. I always seem to accomplish more, and am certainly in higher spirits, when I feel my best, and these outstanding professionals in their respective fields will help you do just that. For a more natural wellness regimen, we have fabulous clients like Houston Hemporium, which aims to educate and elevate the conversation about hemp and its role in wellness. (Also, its selection of clothes and textiles will help your wardrobe look good too!). Another client dedicated to improving your look, is Lesley Ann Jewels. Can't wait to pick up a bauble or two from her latest offerings.

Last, but so very important, I want to say an early happy birthday to *Houston* magazine! This March will mark our 15th year of service to our Houston readers, and I feel so fortunate to be a part of this wonderful organization and team. We have big plans for 2020, and I look forward to celebrating with all of you all year long!



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